

Weekly Family Planner

The Routine Parent | theroutineparent.com

Week of: _____

THIS WEEK AT A GLANCE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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MUST-DO THIS WEEK

The non-negotiables — things that have to happen

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DINNER PLAN

Rough ideas — not a strict menu

Mon

Tue

Wed

Thu

Fri

Sat/Sun

KIDS' CHECK-IN

What do they need from us?

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DON'T FORGET

Permission slips, PE kit, etc.

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NOTES & WINS

What went well? What to adjust?

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"The goal isn't a perfect week. It's a calmer one."